



SELF-AWARENESS PROFILE: ADVISER'S GUIDE

DEMOGRAPHIC DATA

NAME: _____

SECTION: _____

AGE: _____ **RELIGION** _____

ADDRESS: _____

CONTACT #'s: Cellphone: _____

Landline: _____

ADVISER:

1ST SEMESTER _____

2ND SEMESTER _____

NAME/CONTACT #'S OF PARENTS/GUARDIAN

Father: _____

Contact#: _____

Mother _____

Contact #: _____

Guardian: _____

Contact #: _____

GENDER:

☐ Male

☐ Female

LIVING ARRANGEMENT:

☐ Dormitory

☐ Alone

☐ With Dorm-Mates

☐ Own House

☐ Alone

☐ With Parents

☐ With Relatives/Guardian

MONTHLY FAMILY INCOME:

☐ below P20,000

☐ P20,000 – P50,000

☐ above P50,000

NURSING AS YOUR CHOICE:

☐ 1st choice

☐ 2nd choice

☐ parents' choice

Direction: Answer the following questions wholeheartedly and give this questionnaire directly to your adviser for confidentiality purpose. You can answer it either in Filipino or English. Full Self-disclosure is what we need but it is up to you to share something about yourself or not. Your answers will help your adviser to know and understand you better.

Thank you so much and God Bless! ☺

1. What I like about myself:

2. What I don't like about myself:



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3. What I like about my family:

4. What I don't like about my family:

5. What are the things that make me happy?

6. What are the things that make me sad?

7. Who are my support system/s when I am sad?

8. How do I manage stress?
